



Leveraging LTSAE/SPAN Partnership for Collective Impact in New Jersey

Diana Autin - Executive Co-Director, SPAN

Deepa Srinivasavaradan - CDC's Act Early Ambassador to NJ



SPAN's Vision & Mission

- **VISION** - All families will have the resources and support they need to ensure that their children become fully participating and contributing members of our communities and society.
- **MISSION** - To empower families and inform and involve professionals and others interested in the healthy development and education of children and youth, to enable them to become fully participating and contributing members of our communities and society.



LTSAE Ambassador for NJ

- SPAN staff member selected as LTSAE Ambassador in May 2014; selected for second 2-year term (2016-2018).
- LTSAE NJ Focus
 - Leveraging partnerships to ensure that all efforts related to early developmental monitoring and screening are working together to compliment each other, maximize impact, and reduce duplication.
- Building on SPAN's many existing collaborations, the LTSAE Ambassador has helped build and extend partnerships.



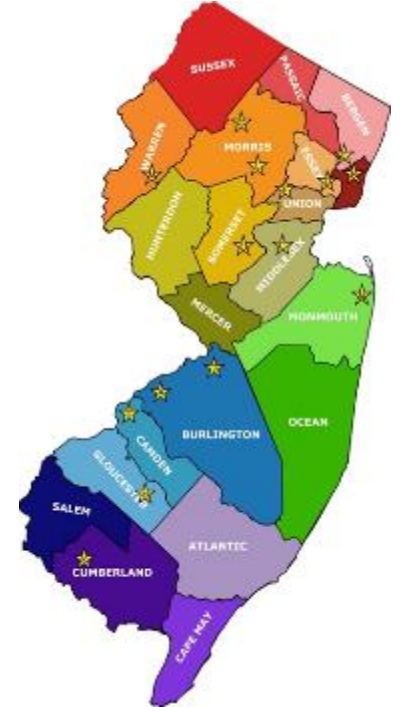
LTSAE/SPAN Collaboration

- Parent Training & Information (PTI) Center
- Family to Family Health Information Center-Family Voices
- Family WRAP: Project Care (Family Resource Specialists supporting families)
- NJ Statewide Parent to Parent (connecting families to emotional support)
- NJ Inclusive Child Care Project
- Partners for Prevention of Birth Defects & Developmental Disabilities
- Improving Pregnancy Outcomes (connecting women to critical services)
- Military Family Support 360 Center
- D70 Medical Home Systems Integration Project



NJ Act Early State Team

- State Agencies
 - NJ Department of Health - Family Health Services
 - Special Child Health & Early Intervention Services
 - Improving Pregnancy Outcomes/Central Intake
 - NJ Department of Children & Families
 - Help Me Grow; Project LAUNCH; Home Visiting; Children's System of Care
 - NJ Department of Human Services
 - Division of Development Disabilities, Office on Autism, Office for Prevention of Developmental Disabilities



NJ Act Early State Team

Other Organizations

- Boggs Center on Developmental Disabilities (UCEDD, LEND)
- NJ Council on Developmental Disabilities
- SPAN Parent Advocacy Network
- Governor's Council for Medical Research & Treatment of Autism
- Center of Excellence on Autism at Montclair State University
- American Academy of Pediatrics-NJ Chapter
- Disability Groups (Autism NJ, POAC, Autism Family of Services, the Arc)



NJ's Act Early State Implementation Grants

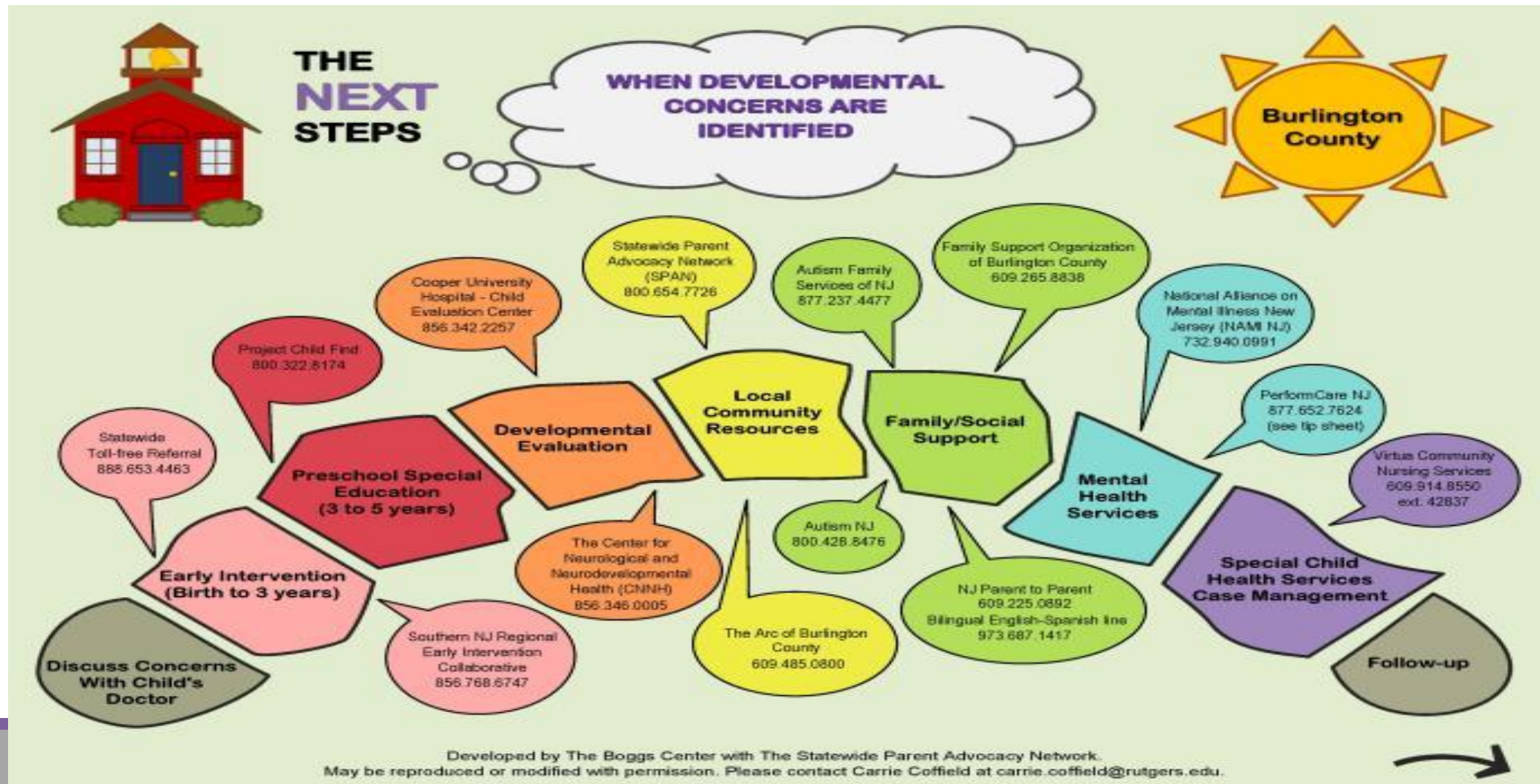
Parent-led training initiatives to increase awareness of importance of developmental screening using validated tools:

- 2012 - 2014: Federally Qualified Health Centers (FQHCs)
- 2014-2016: Head Start and other early childhood programs



County-Specific Flow Chart

<http://rwjms.rutgers.edu/boggscenter/projects/ActEarlyFlowCharts.html>



The Next Steps *New Jersey*

When Developmental Concerns are Identified

Discuss Concerns with Your Child's Doctor

If you or your child's primary caretaker has noticed that your child has not reached age-appropriate milestones, ask your child's doctor or nurse practitioner for a referral to a specialist. During your appointment, you should also bring up any vision, hearing, or dental concerns.

Contact Early Intervention (Birth to 3 years old)

The Early Intervention System is the primary point of entry for health and social services. The statewide toll-free number (888-653-4463) will connect you to someone who will guide you through the enrollment process.

Contact Preschool Special Education (3 to 5 years old)

Your local school district can give you information on transition planning, school placement and more. The New Jersey Department of Education, Office of Special Education Programs (609-292-4469) and Project Child Find (800-322-8174) provide information about special education programs throughout the state.

Schedule a Developmental Evaluation

An evaluation team will assess your child for developmental delays, make a diagnosis if needed, and recommend a treatment plan. To find out about Child Evaluation Centers near you, contact 609-777-7778 or visit: <http://www.state.nj.us/humanservices/ddd/home/ooanjec.html>

Connect with Local Community Resources

Community Resources include advocacy groups, parent workshops, and recreational programs. You may contact the Statewide Parent Advocacy Network (SPAN) at 800-654-7726 to learn more about what's available in your community.

Find Family/Social Support


Consider joining a support group or connecting with other parents to share experiences and resources. Some organizations that can help you get started include: NJ Parent to Parent (201-960-7159), Mom2Mom (877-914-6662), The Family Resource Network (800-376-2345), and Autism New Jersey (800-428-8476). You can also get in touch with your county's Family Support Organization (FSO). To find your county's FSO visit: www.state.nj.dcf/families/support/support

Mental Health and DD Services

PerformCare NJ (877-652-7624) connects children and their families to a variety of behavioral health and developmental disability services.

Contact Special Child Health Case Management

Your county's Special Child Health Services (SCHS) Case Management Unit will create an individual service plan to address your child's medical, educational, developmental, social, and economic needs. To find your county's Special Child Health Services Case Management Unit, contact 609-777-7778 or visit: <http://www.state.nj.us/health/fhs/sch/sccase.shtml>

 **Follow Up!**

Keep in touch with your child's pediatrician, case manager, child care provider(s), and teacher(s).

**Los pasos
siguientes para
New Jersey**

Cuando se detectan problemas de desarrollo

Comente sus inquietudes con el médico de su hijo

Si usted o el cuidador de su hijo detectan que su hijo no ha alcanzado los hitos adecuados para su edad, pídale al pediatra o a la enfermera practicante de su hijo una remisión para un especialista. Durante la cita, también debería comentar cualquier inquietud relacionada con la vista, el oído o los dientes.

Comuníquese con el Sistema de Intervención Temprana (del nacimiento a los 3 años de edad)

El Sistema de Intervención Temprana (Early Intervention System) es el punto principal de acceso a servicios sociales y médicos. El número estatal gratuito (888-653-4463) le comunicará con alguien que le guíe por el proceso de inscripción.

Comuníquese Educación Preescolar Especial (de 3 a 5 años de edad)

Su distrito escolar local puede darle información sobre planificación de la transición, asignación a una escuela y mucho más. New Jersey Department of Education, Office of Special Education Programs (609-292-4469) y Project Child Find (800-322-8174) proporcionan información sobre programas de educación especial en todo el estado.

Programe una evaluación de desarrollo

Un equipo de evaluación examinará a su hijo para detectar problemas de desarrollo, obtener un diagnóstico de ser necesario y recomendar un plan de tratamiento. Para información sobre Child Evaluation Centers cercanos, comuníquese con 609-777-7778 o visite: <http://www.state.nj.us/humanservices/ddd/home/ooanjec.html>

Conéctese con recursos comunitarios locales

Los recursos comunitarios incluyen grupos de defensa, talleres para padres y programas recreativos. Puede comunicarse con Statewide Parent Advocacy Network (SPAN) al 800-654-7726 para obtener más información sobre qué hay disponible en su comunidad.

Obtenga apoyo familiar/social

Considere unirse a un grupo de apoyo o ponerse en contacto con otros padres para compartir experiencias y recursos. Algunas de las organizaciones que pueden ayudarle a empezar son: NJ Parent to Parent (201-960-7159), Mom2Mom (877-914-6662), The Family Resource Network (800-376-2345), Autism New Jersey (800-428-8476). También puede comunicarse con Family Support Organization (FSO) de su condado. Para encontrar la FSO de su condado, visite: www.state.nj.dcf/families/support/support

Salud mental y servicios para discapacidades del desarrollo

PerformCare NJ (877-652-7624) conecta a niños y sus familias con una variedad de servicios para salud del comportamiento y discapacidades del desarrollo.

Comuníquese con un servicio de administración de casos especiales de salud infantil

Special Child Health Services de su condado creará un plan de servicio individualizado para abordar las necesidades médicas, educativas, de desarrollo, sociales y económicas de su hijo. Para encontrar la unidad Special Child Health Case Management Unit de su condado comuníquese con el 609-777-7778 o visite: <http://www.state.nj.us/health/fhs/sch/sccase.shtml>

Aligning LTSAE with Early Childhood Systems

- **Community of Care Consortium (COCC) Meetings**
 - Early & Continuous Screening Workgroup co-chaired by LTSAE Ambassador & HMG/ECCS Coordinator
- **LTSAE Collaboration with HMG/ECCS**
 - LTSAE Ambassador is the parent lead for the state-level improvement team
- **Infant Child Health Committee (IHC) Meetings**
 - LTSAE Ambassador provides updates at each meeting
 - LTSAE Ambassador & other SPAN staff participate on workgroups



NJ's Child Developmental Passports



Learn the Signs. Act Early.

www.cdc.gov/ActEarly

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to your child's doctor.

If you or the doctor is still concerned, ask the doctor for a referral to a specialist and call **1-800-CDC-INFO** to learn how to get connected with your state's early childhood system to get the help your child might need.

DON'T WAIT.

Acting early can make a real difference!



For more information about your child's development and what to do if you have a concern, visit:

NJ Early Intervention
(ages 0 to 3 years)
888-653-4463

Project Child Find (ages 3 to 21)
800-322-8174

SPAN
www.SPANadvocacy.org
800-654-7726

Developmental milestones adapted from *Caring for Your Baby and Young Child: Birth to Age 5* (AAP, 2009) and *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents* (AAP, 2008).



220787

Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

For parents of children from birth to 4 years



Statewide Parent
Advocacy Network



NJ's Early Childhood
Comprehensive Systems



Help Me Grow
New Jersey



DEPARTMENT OF
CHILDREN AND FAMILIES

Learn the Signs. Act Early.

Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



6 MONTHS

- ☐ Copies sounds
- ☐ Begins to sit without support

- ☐ Likes to play with others, especially parents
- ☐ Responds to own name

- ☐ Strings vowels together when babbling ("ah," "eh," "oh")

- ☐ Uses simple gestures such as shaking head for "no" or waving "bye bye"
- ☐ Copies gestures

12 MONTHS (1 YEAR)

- ☐ Responds to simple spoken requests

- ☐ Says "mama" and "dada"

- ☐ Pulls up to stand

18 MONTHS (1 1/2 YEARS)

- ☐ Says several single words
- ☐ Walks alone

- ☐ Knows what ordinary things are for; for example, telephone, brush, spoon

- ☐ Plays simple pretend, such as feeding a doll
- ☐ Points to show others something interesting

2 YEARS

- ☐ Follows simple instructions
- ☐ Kicks a ball

- ☐ Points to things or pictures when they're named

- ☐ Says sentences with 2 to 4 words
- ☐ Gets excited when with other children

- ☐ Copies adults and friends (like running when other children run)

3 YEARS

- ☐ Carries on a conversation using 2 to 3 sentences
- ☐ Climbs well

- ☐ Plays make-believe with dolls, animals and people
- ☐ Shows affection for friends without prompting

4 YEARS

- ☐ Hops and stands on one foot for up to 2 seconds

- ☐ Would rather play with other children than alone
- ☐ Tells stories

- ☐ Draws a person with 2 to 4 body parts
- ☐ Plays cooperatively

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly.

Benefits to other SPAN programs

- Overall
 - Helps raise awareness of SPAN as a resource for programs serving young children and their families
- NJ Inclusive Child Care Project:
 - Early Childhood Challenge added focus on training families and early childhood providers on importance of and strategies for screening
 - Resources to share with early childhood providers
- PTI & F2F:
 - Resources to share with families in addition to connecting them to early intervention when their children “fail” a screen or when parents notice apparent developmental delays



Thank You!



**“ACT EARLY”
TO
HELP ME GROW!!**

Diana Autin
Executive Co-Director
Statewide Parent Advocacy Network
diana.autin@spannj.org

Deepa Srinivasavaradan
CDC’s Act Early Ambassador to NJ
Statewide Parent Advocacy Network
deepas@spannj.org

