

Welcome!
The webinar will begin shortly.

Premiering Two New Resources for Parent Centers

Resource Collection on Trauma-Informed Care



Advocacy in Action Guide to Local SEPACs

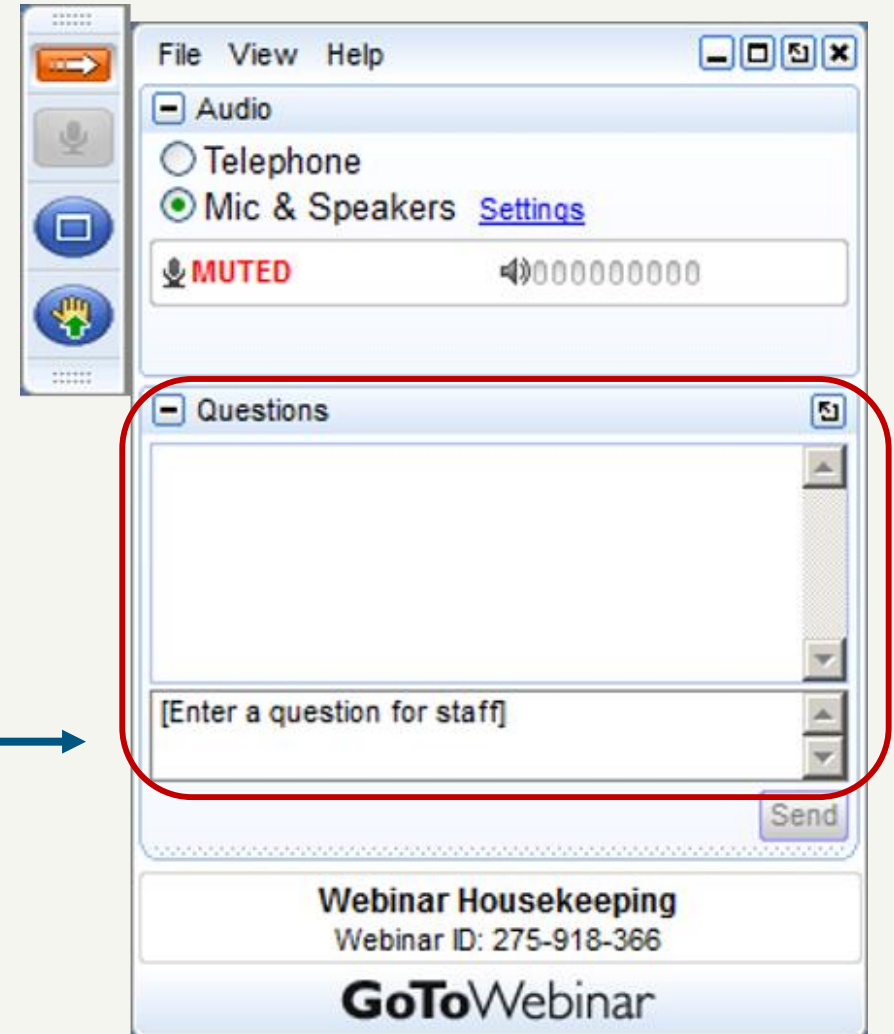


WE'RE GLAD YOU'RE HERE!

- Open and close your control panel.
- Join audio:
 - Choose **Mic & Speakers** to use VoIP
 - Choose **Telephone** and dial in using the information provided
 - If you are joining the audio by telephone, mute your computer speakers

WE INVITE YOUR PARTICIPATION!

- Submit questions and comments via the **Questions** panel.



***Note:** Today's presentation is being recorded and will be posted online at the Hub for others to view.*



Please welcome today's presenters.

Welcome & Introductions

***Debra Jennings
& Myriam Alizo***

Center for Parent
Information & Resources

Resource Collection on Trauma-Informed Care

Kelly Henderson

Formed Families Forward, VA

Gaile Osborne

FIRST Parent Center, NC

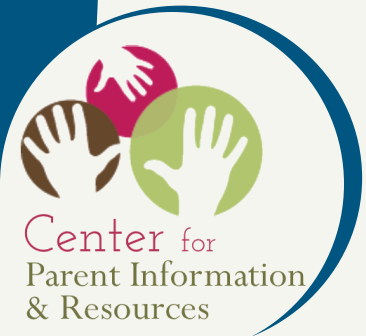
Terri Leyton & Laura Weber

ECAC, NC

Advocacy in Action: Guide to Local SEPACs

Karen Antone

Project Consultant



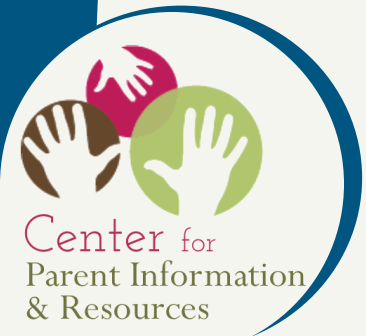


Debra Jennings

Director

Center for Parent Information & Resources

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Kelly Henderson
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Center (ECAC), NC

Resource Collection on Trauma-Informed Care



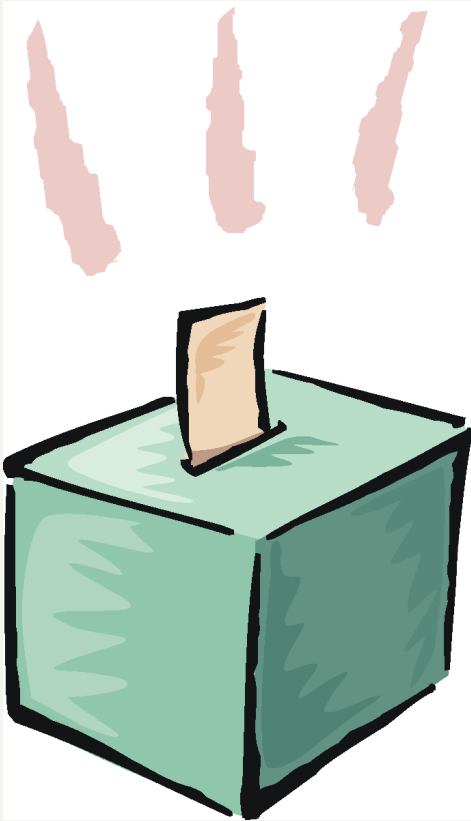
<https://www.parentcenterhub.org/trauma-informed-care-resource-collection/>

This morning I was ten years old.

Tonight I am older than the stars.



~ Kathryn Lasky



Please do tell us...



At a Glance | How Collection was Developed

Compilers & Reviewers

*Kelly Henderson
Gaile Osborne*

- Identified what's available out there
- Reviewed all for suitability for Parent Centers
- Kept spreadsheet of resources that "passed" & created mini-descriptions

Coordinators *RPTAC 2 @ ECAC*

*Laura Weber
Terri Leyton*

Curator

Lisa Küpper, CPIR

- Organized & curated the resources
- Created what you see online

At a Glance | The Resource Collection

Contents of the Collection

- 1** | Basic information about trauma
- 2** | What is trauma-informed care?
- 3** | Trauma and specific populations
- 4** | Building trauma-informed schools
- 5** | Responding to disasters

What kind of resources?

1-pagers—**infographics**—briefs—**videos**—fact
sheets—**training** materials—**websites**—webinars—
Spanish and other language resources—**more!**

1 | Basic Information about Trauma

- Introductory Information on Trauma
- Adverse Childhood Experiences (ACEs)
- Websites of Note
- How Parents and Caregivers Can Support and Help Children
- The Value of Resiliency
- Info in Spanish and Other Languages



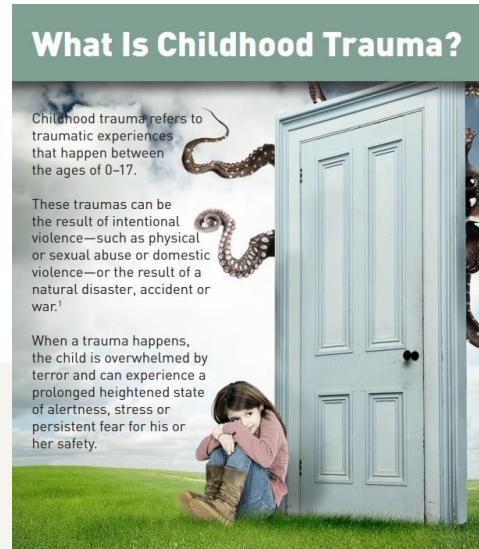
<https://www.parentcenterhub.org/trauma-basics/>

1 | Basic Information about Trauma



- Introductory Information on Trauma

2 EXAMPLES



What is Childhood Trauma

7-page infographic booklet in PDF



What is Trauma? | Video

This 4-minute video set to music (no spoken words) uses pictures and short text to show different kinds of trauma, trauma's impact, and what it means to be “trauma-informed” in how you respond to others.

<https://www.parentcenterhub.org/trauma-basics/>

1 | Basic Information about Trauma



- How Parents and Caregivers Can Support and Help Children

2 EXAMPLES

Helping Children Cope After a Traumatic Event: A Recovery Guide for Parents, Teachers, and Community Leaders



9-page guide from
Child Mind Institute

Parenting a Child Who Has Experienced Trauma



8-page, easy-to-read
fact sheet

<https://www.parentcenterhub.org/trauma-basics/>

- [What is Trauma-Informed Care?](#)
- [Websites to Explore](#)
- [Videos and Webinars](#)
- [On Becoming a Trauma-Informed Organization](#)



“Trauma-informed care is a strengths-based service delivery approach...

...that is grounded in an understanding of and responsiveness to the impact of trauma.”

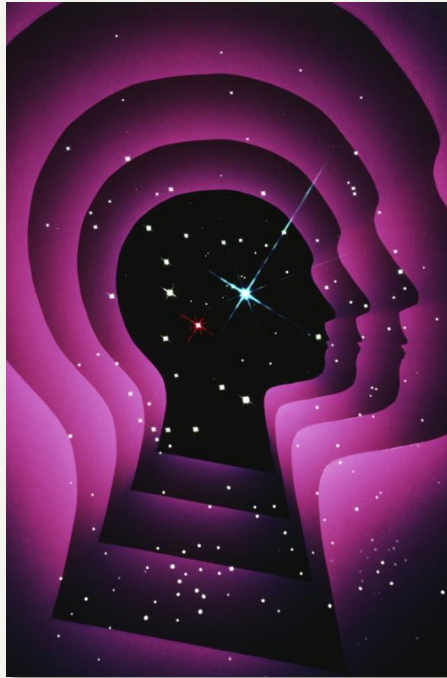
Hopper, Bassuk, & Olivet, 2010

EXAMPLE

2

What is Trauma-Informed Care?

- On Becoming a Trauma-Informed Organization



Walking the Walk

2-pager, tells what's needed for an organization to become trauma-informed—one key is *professional development*.

“Becoming trauma-informed usually requires a ***multi-year initiative*** involving mandated staff training, broad administrative buy-in, policy changes, and persistent reinforcement...”

*Traumatic
Stress Institute*

<https://www.parentcenterhub.org/trauma-informed-care/>

3 | Trauma and Specific Populations

- Trauma and Disabilities
- Trauma and Native Americans
- Trauma and Youth
- Trauma and Youth in Juvenile Justice



2 EXAMPLES

**Trauma-Informed Practices:
Considerations for the IEP Meeting**

**Trauma Sensitivity
During the IEP Process**

<https://www.parentcenterhub.org/trauma-specific-groups/>

4 | Building Trauma-Informed Schools

- [What Does It Mean to Be a Trauma-Informed School?](#)
- [In the Classroom: Info for Educators](#)
- [Tools and Training for Professional Development in School Systems](#)
- [Self-Assessment and Other Resources](#)



Share these resources with educators in the classroom and with school leadership!

<https://www.parentcenterhub.org/trauma-schools/>

5

Responding to Disasters

- [Preparing for a Natural Disaster](#)
- [Responding During a Natural Disaster](#)
- [Afterwards: Support and Recovery](#)

Wildfires
Hurricanes
Tornados
Floods
Earthquakes



<https://www.parentcenterhub.org/disaster-response/>

3 EXAMPLES

5 | Responding to Disasters

Preparing for...



Make a Plan

A checklist of steps to take and supportive links to help you do so. Available in many languages.

Responding *during*...



SAMHSA's Disaster App

Access critical, disaster-related resources right from your phone.

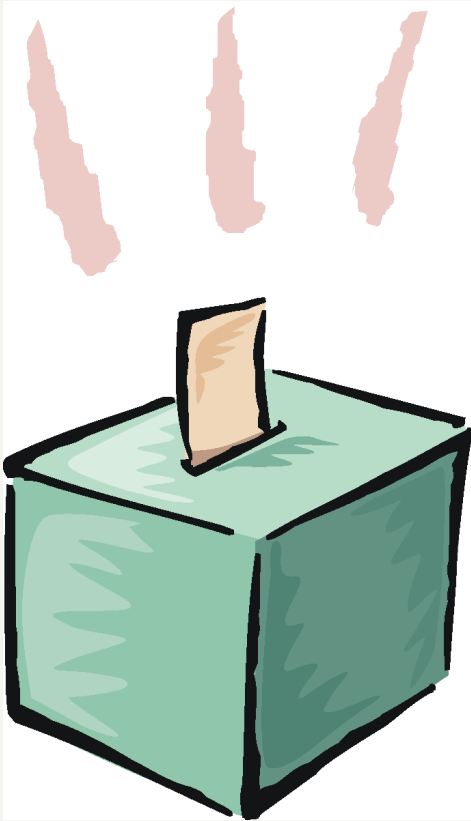
Supporting *after*...



Parent Guidelines for Helping Children after a...

Info in English & Spanish tailored to fit the specific disaster.

<https://www.parentcenterhub.org/disaster-response/>



Please tell us...

At a Glance | Ways You Can Use This Collection

For Yourself

To **learn more** about the effects of trauma



To **learn** about providing trauma-informed care

For Families



To find resources to **share with families**

To find resources for families in **different formats**

To support families in a **natural disaster**

For Your Center

In staff **training**



To **build our capacity** as a trauma-sensitive center

Questions? Comments?

Resource Collection on Trauma-Informed Care



ADVOCACY IN ACTION: A Guide to Local Special Education Parent Advisory Councils

Presenter

Karen Antone
Project Consultant

