Welcome!
The webinar will begin shortly.

Premiering Two New Resources for Parent Centers

Resource Collection on Trauma-Informed Care

Advocacy in Action Guide to Local SEPACs

December 5, 2018 | 2:00 PM – 3:15 PM Eastern
**We’re glad you’re here!**

- Open and close your control panel.
- Join audio:
  - Choose **Mic & Speakers** to use VoIP
  - Choose **Telephone** and dial in using the information provided
  - If you are joining the audio by telephone, mute your computer speakers

**We invite your participation!**

- Submit questions and comments via the **Questions** panel.

*Note: Today’s presentation is being recorded and will be posted online at the Hub for others to view.*
Please welcome today’s presenters.

Welcome & Introductions

Debra Jennings & Myriam Alizo
Center for Parent Information & Resources

Kelly Henderson
Formed Families Forward, VA

Gaile Osborne
FIRST Parent Center, NC

Terri Leyton & Laura Weber
ECAC, NC

Advocacy in Action: Guide to Local SEPACs

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Resource Collection on Trauma-Informed Care

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Formed Families Forward, VA

Gaile Osborne  
*Project Director*  
FIRST Parent Center, NC

Terri Leyton & Laura Weber  
*TA Coordinator / Executive Director*  
Exceptional Children’s Assistance Center (ECAC), NC

This morning I was ten years old.
Tonight I am older than the stars.

- Kathryn Lasky
Please do tell us...
At a Glance | How Collection was Developed

Compilers & Reviewers
Kelly Henderson
Gaile Osborne

- Identified what’s available out there
- Reviewed all for suitability for Parent Centers
- Kept spreadsheet of resources that “passed” & created mini-descriptions

Curator
Lisa Küpper, CPIR

- Organized & curated the resources
- Created what you see online

Coordinators
RPTAC 2 @ ECAC
Laura Weber
Terri Leyton
At a Glance | The Resource Collection

Contents of the Collection

1 | Basic information about trauma
2 | What is trauma-informed care?
3 | Trauma and specific populations
4 | Building trauma-informed schools
5 | Responding to disasters

What kind of resources?

1-pagers—infographics—briefs—videos—fact sheets—training materials—websites—webinars—Spanish and other language resources—more!
1 | Basic Information about Trauma

- Introductory Information on Trauma
- Adverse Childhood Experiences (ACEs)
- Websites of Note
- How Parents and Caregivers Can Support and Help Children
- The Value of Resiliency
- Info in Spanish and Other Languages

https://www.parentcenterhub.org/trauma-basics/
1 | Basic Information about Trauma

- Introductory Information on Trauma

2 EXAMPLES

What is Childhood Trauma
7-page infographic booklet in PDF

What is Trauma? | Video
This 4-minute video set to music (no spoken words) uses pictures and short text to show different kinds of trauma, trauma’s impact, and what it means to be “trauma-informed” in how you respond to others.

https://www.parentcenterhub.org/trauma-basics/
1. Basic Information about Trauma

- How Parents and Caregivers Can Support and Help Children

2. Examples

Helping Children Cope After a Traumatic Event: A Recovery Guide for Parents, Teachers, and Community Leaders

- 9-page guide from Child Mind Institute

Parenting a Child Who Has Experienced Trauma

- 8-page, easy-to-read fact sheet

https://www.parentcenterhub.org/trauma-basics/
What is Trauma-Informed Care?

- Websites to Explore
- Videos and Webinars
- On Becoming a Trauma-Informed Organization

“Trauma-informed care is a strengths-based service delivery approach...

...that is grounded in an understanding of and responsiveness to the impact of trauma.”

Hopper, Bassuk, & Olivet, 2010

https://www.parentcenterhub.org/trauma-informed-care/
Walking the Walk
2-pager, tells what’s needed for an organization to become trauma-informed—one key is professional development.

“Becoming trauma-informed usually requires a multi-year initiative involving mandated staff training, broad administrative buy-in, policy changes, and persistent reinforcement...”

Traumatic Stress Institute

https://www.parentcenterhub.org/trauma-informed-care/
3 | Trauma and Specific Populations

- Trauma and Disabilities
- Trauma and Native Americans
- Trauma and Youth
- Trauma and Youth in Juvenile Justice

2 Examples

Trauma-Informed Practices: Considerations for the IEP Meeting

Trauma Sensitivity During the IEP Process

https://www.parentcenterhub.org/trauma-specific-groups/
Building Trauma-Informed Schools

- What Does It Mean to Be a Trauma-Informed School?
- In the Classroom: Info for Educators
- Tools and Training for Professional Development in School Systems
- Self-Assessment and Other Resources

*Share* these resources with educators in the classroom and with school leadership!

https://www.parentcenterhub.org/trauma-schools/
5 | Responding to Disasters

- Preparing for a Natural Disaster
- Responding During a Natural Disaster
- Afterwards: Support and Recovery

Wildfires
Hurricanes
Tornados
Floods
Earthquakes

https://www.parentcenterhub.org/disaster-response/
## 5 | Responding to Disasters

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<thead>
<tr>
<th>Preparing for...</th>
<th>Responding <em>during</em>...</th>
<th>Supporting <em>after</em>...</th>
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</thead>
<tbody>
<tr>
<td><strong>Make a Plan</strong></td>
<td><strong>SAMHSA’s Disaster App</strong></td>
<td><strong>Parent Guidelines for Helping Children after a...</strong></td>
</tr>
<tr>
<td>A checklist of steps to take and supportive links to help you do so. Available in many languages.</td>
<td>Access critical, disaster-related resources right from your phone.</td>
<td>Info in English &amp; Spanish tailored to fit the specific disaster.</td>
</tr>
</tbody>
</table>

https://www.parentcenterhub.org/disaster-response/
Please tell us...
## At a Glance | Ways You Can Use This Collection

<table>
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<tr>
<th>For Yourself</th>
<th>For Families</th>
<th>For Your Center</th>
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</thead>
<tbody>
<tr>
<td><strong>To learn more</strong> about the effects of trauma</td>
<td>To find resources to <strong>share with families</strong></td>
<td><strong>In staff training</strong></td>
</tr>
<tr>
<td>To learn about providing trauma-informed care</td>
<td>To find resources for families in <strong>different formats</strong></td>
<td><strong>To build our capacity</strong> as a trauma-sensitive center</td>
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Resource Collection on Trauma-Informed Care

Questions? Comments?

ADVOCACY IN ACTION: 
A Guide to Local Special Education 
Parent Advisory Councils

Presenter
Karen Antone
Project Consultant

https://sepacguide.org/